



**HELEN O'GRADY  
DRAMA ACADEMY**

**KINDY  
ACTIVITY PACK  
WEEK 13**



PICK AN  
ACTIVITY





# SING



FIND YOUR FAVOURITE CUDDLY TOY AND SING WITH THEM.

## Superheroes Theme Song



The superheroes jump to the rescue,  
Jump to the rescue, Jump to the rescue,  
The superheroes jump to the rescue,  
All day long.



The superheroes run to the rescue,  
Run to the rescue, run to the rescue,  
The superheroes run to the rescue,  
All day long.

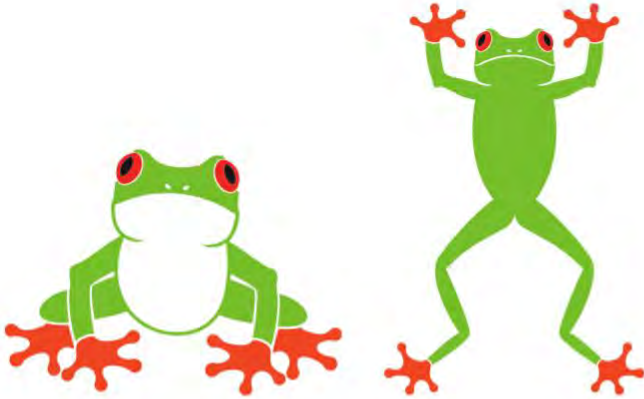


The superheroes fly to the rescue,  
Fly to the rescue, fly to the rescue,  
The superheroes fly to the rescue,  
All day long.





# MOVE



CAN YOU CROUCH DOWN LOW AND  
THEN SPRING UP HIGH?  
CAN YOU DO IT FIVE TIMES?

CAN YOU CIRCLE YOUR ARMS FORWARDS?  
CAN YOU CIRCLE YOUR ARMS BACKWARDS?



CAN YOU RUN FAST ON THE SPOT?  
HOW FAST CAN YOU RUN ON THE SPOT?





# PLAY



1

Collect together some of your teddies and soft toys.



2

Ask a grown up to hide them in different places. Some high and some low.

3

Pretend to be a Superhero and rescue them.



4

What super powers do you have to find them all?

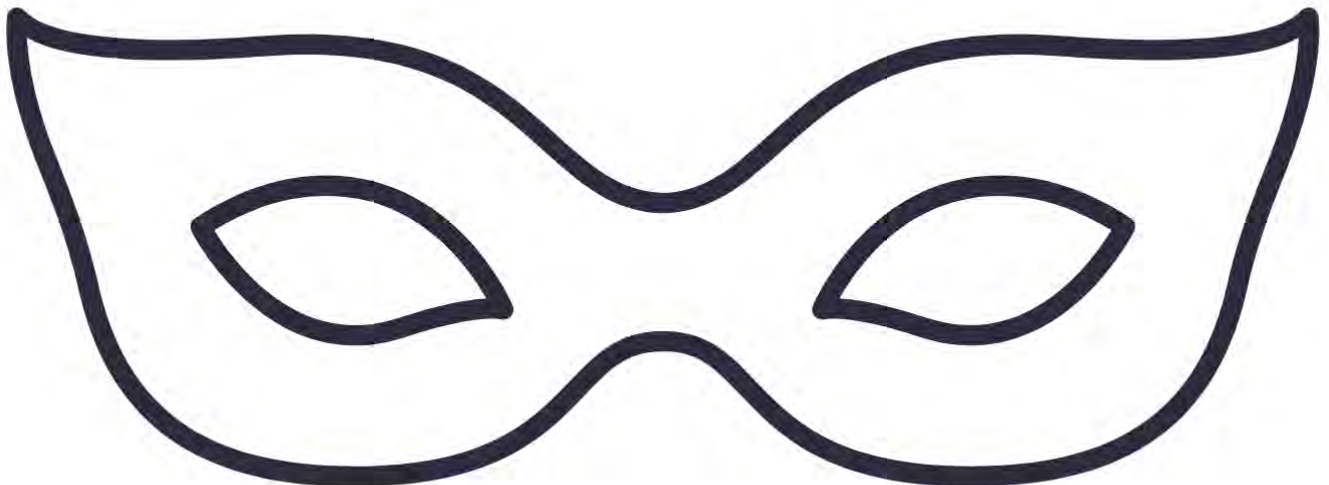
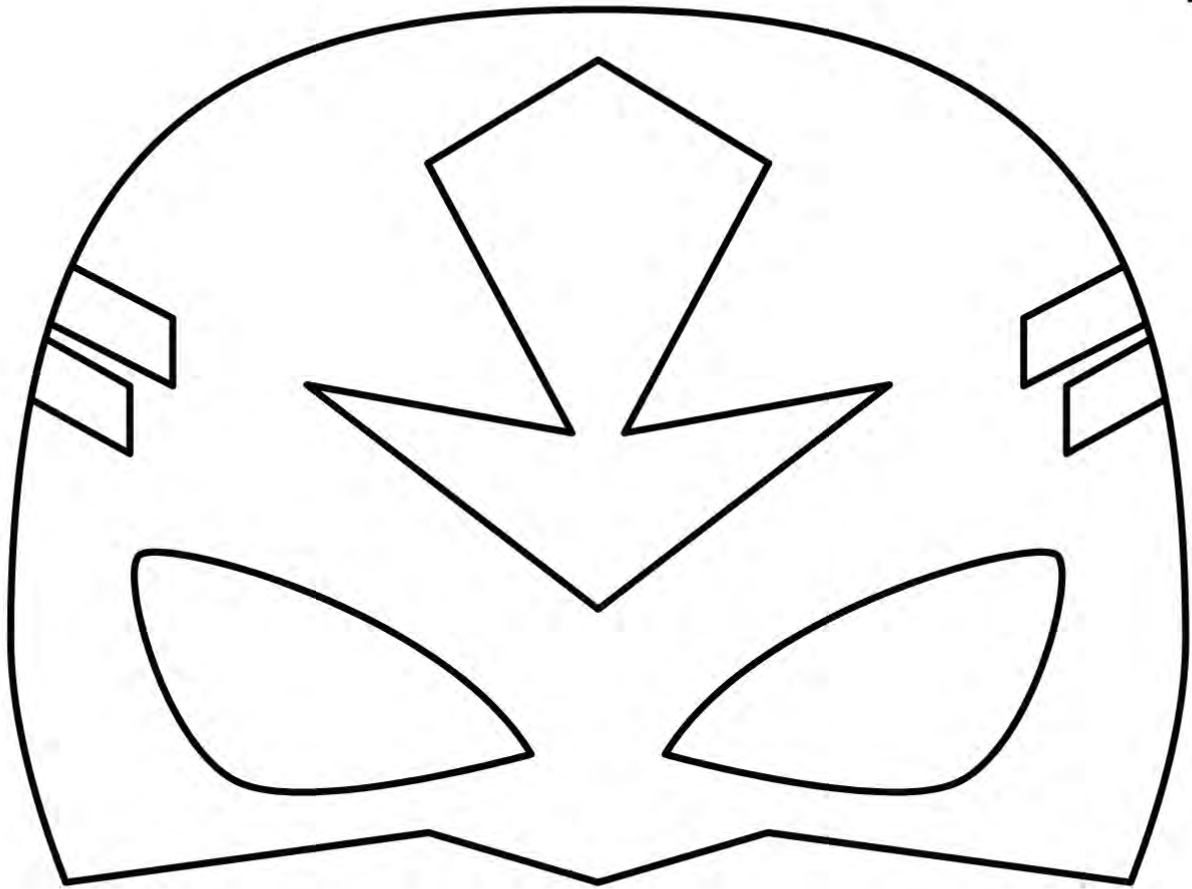
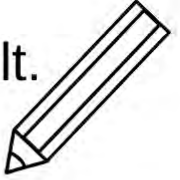




# CREATE



Colour the Superhero masks and cut out with an adult.



# SURPRISE



1

Find a bag or a box and call it your 'Surprise Bag/Box'.

2

Look for something **RED** and hide it inside your bag/box.

3

Ask a member of your family to guess what's inside the bag.



# DEVELOPMENT THROUGH ONLINE DRAMA

Our structured curriculum and trained teachers guarantee the highest standard of interactive online drama classes.

## **Benefits of Our Online Classes for Students Include:**

- Increased SELF ESTEEM and CONFIDENCE
- SOCIAL INTERACTION and COMMUNICATION with others
- FUN activities to engage CREATIVITY and IMAGINATION
- SPEECH and LANGUAGE development

*"The online lesson was amazing! It's been the best learning experience by far since lockdown began."*

## **JOIN US FOR A FREE TRIAL CLASS**

Please contact us for further information and a brochure:

EMAIL: HO @ HELENOGRADY.CO.UK

TEL: 0845 603 7220

WEBSITE: WWW.HELENOGRADY.CO.UK

