Year Eight PSCHE Scheme of Work

Page numbers refer to 'Your Life 2' unless otherwise stated.

Number	<u>Unit/Topic</u>	Aim/Objectives	<u>Links to</u>	Suggested activities	Suggested	Cross-
<u>of</u>			<u>Citizenship</u>		Resources	<u>curricular</u>
<u>lessons</u>			and PSHE			<u>links</u>
			<u>Curriculum</u>			
1	You and Your feelings- Self	To explore the	P.W 1.1a,b, 2.1	Discussion of what self	P6-9	
	Esteem	importance of self- esteem and how to	b, e	esteem is.		
		raise it.		Chart of strong/weak points about yourself.		
				Partner then lists other good points about you.		
				Discussion on how to turn 'weak' points into strong		
				points about yourself.		
				Erica Stewart article in pairs.		
				Shyness and how to beat it- advice to others spider		
				diagram.		
				Making mistakes- everyone in pairs tells other person		
				about when they have made		

				a mistake and what they have learnt from mistake. Feedback to class. How we can learn from mistakes.		
1	You and Your Time- making the most of your leisure time	To address whether we are making the most of our leisure time	P.W 2.1b, 3F	Students take part in the leisure time quiz. Discuss findings and ask how good you are at using your leisure time? Discuss when bored and how to combat boredom. Read beating the boredom blues. Discuss Graham's suggestions. In groups suggest other ways and share with rest of class. Study the S factor score chart. Work out ten statements as part of a test yourself true or false quiz.	P50-53	Maths
2	You and your Body- drinking and alcohol	To examine alcohol abuse and dangers of alcohol.	P.W 2.2a,b,c,e, 3e	Teacher led discussion on Alcohol the facts.	P58-61	Biology

Posters- 'Think before you drink Why people drink- use case studies Spider diagrams What is your opinion of people who deliberately try	
to get others drunk? You and your body- contraception and safer sex is and what an individual's sexual responsibilities are. To understand what safer sex is and what an individual's sexual responsibilities are. PW 2.2a, 2.3b, 3d As a class discuss some of the problems involved with having a steady boy/girlfriend. Read the problems of Becky and Gopal. What advice would you give? Discuss what contraception is and where to get advice. Age of consent discussion-page 73. Statements on p75-behaviour acceptable/not acceptable in a relationship	Biology

1	You and your family- divided families	To discuss the reasons for divorce and issues that may arise for children during a divorce.	PW 1.4a, c, 2.3a,b,c, 3 I, j	Divorce- discussion of why it happens. 'What do you think' quiz p26 'Child should have the final say on who they are going to live with.' Discuss. Discussion on tensions in families- what causes tensions. P28 - read and discussion what causes tensions in these families	P26-29	
1	You and other people- friendships	To look at why friendships are important and what issues may arise within friendships.	PW 1.4a,c, 2.3a,b,c	'What is a friend?' – individual definition. Anita Naik's views- do you agree? Your advice for making friends Quiz on friendship- what does it reveal about you? Gangs- problems caused.	P46-49	
2	You and your safety- home and in the street	To learn to recognise and avoid	PW 2.2a,c,d 3g,h	First Aid questions in books.	P30-37	Science

		or deal with		Dala play tack or pactor	Citizanship and DCC	Λ v+
				Role play task or poster.	Citizenship and PSE-	Art
		potentially difficult			p28-29	
		and dangerous		Child abuse- discussion-		Drama
		situations		what should the children	Your Life 2	
				mentioned do?	P34-35	PE
				Safety in the Street- p34		
				examples- discuss what you		
				would do.		
				Leaflet on how to stay safe		
				on the streets or write five		
				golden rules that will help		
				people your age stay safe.		
				people your ago stay sales		
				Cycling safety.		
1-2	You and your	To look at the	C-ship 1.1c,	Read p14 and write a short	P14-17	RS
1 2	responsibilities- other	diversity of British	1.3 a,b,	paragraph on what you think	11417	N.S
	cultures and lifestyles	society and look at	2.1a, b.	ethnic diversity in Britain	Ppoint and	
	cultures and mestyles	the problems	3d, I,j	means.	worksheets on	Current
		1	3u, 1,j	illealis.		
		stereotyping can		to pains think of the	stereotypes	newspapers and
		cause.		In pairs, think of two	DD at a transfer of the state of	magazines
				stereotypes you have heard	PPoint on racism and	
				and share with the class.	stereotypes.	
				Teacher to explain/discuss		
				the problems of stereotypes.		
				Negative stereotypes- p16-		
				17. Find own examples		
				from TV/newspapers to		
				share with the class. Link to		

				'Hoodies' stereotype. PPoint and resource's available. Point on racism and stereotyping with resources on shared drive.		
1	You and the Law- the police.	To examine the role of the police and their role in today's society	C-ship 1.1b 2.1a,c 3a,b	Examination of the role of the police. Discuss qualities needed to be a good police man/woman. Own written piece or diagram on the powers of the police and your views. 'What do you think?' as a discussion (p41)	P38-41	
2	You and relationships- LGBT	To understand what same- sex relationships are, and look at the discrimination faced for those in same-sex relationships around the world.		P-Point and clips. Case studies from different countries such as Tunisia and Iran.	Ppoint and clips Worksheets available	RS
3	Careers -including the importance of education, how to find a job and choosing a career	To look at how careers are chosen and how people find a job.		Resources available in the shared drive for these lessons.	Ppoints and clips	Business Studies
1	You and Money- gambling	To understand what gambling is and be	EW 1.2b 2.4a	Starter- spider/ brain shower on types of gambling.	P18-21	Drama Maths

		aware if the problems it can cause.	4a	Law on gambling and why people gamble.		
		Gaussi		National Lottery case study- positives and negatives . What do you think needs to change?		
				2 case studies- discuss.		
				Role play activities from p21.		
1-2	You and the community- the school community	To understand the role and importance of the school community	C-ship 2.1a, 2.2a,b,c,d 4a,b,c,d EW 1.2b, 1.3b	Changes to school year-discuss in pairs looking at pos and negs and feedback to class. Class vote. School council- letter to council about an issue you are unhappy with and what you want to change and why.	P62-65	
1	You and other people- older people	To understand what ageism is and issues that an aging population can create for Britain.	PW 1.5a, b 2.3d 3m	Ageism- is our society ageist? Discussion. Own views on role of the family in supporting elderly.	P94-97	Maths Biology Geography
				P96 questions Case studies- questions and implications as a class.		

2	You as a citizen- the EU	To discover what the EU is and the impact of the EU on global society.	C-ship 1.3c 3k	Explain what the EU is and the advantages/disadvantages of GB being a member using pages 76-77. Should we have left the EU? How does the EU affect youspider diagram. How has the EU helped the environment? What do you think it should add to it's list of work to help make the world a better place, and why? Create a 10 question true/false quiz on the EU and give your partner to do.	P76-83	Geography History
1	You and the media- power of advertising	To look at different types of advertising and judge the impact of adverts on others.	C-ship 3d, i	Example of advert you like and why. rules on adverts on page 47-are they needed. P48- task on advert using example from TV/Paper/Mag given.	P46-49 Newspapers from papers or magazines. Clips from Youtube.	Art English Business Studies

				Are you influenced by famous people in adverts?		
2	You and your body- drugs	To understand the dangers of illegal	PW 1.2 a 1.3a, b	In pairs study the article on drugs then produce a list of	P10-13	Biology
		drugs	3e 4c	key facts. Ten Things You Should Know about drugs/		Art
				Ecstasy		Drama
				Produce a design for a T SHIRT/poster that carries an anti drug message on it.		
				In pairs role play scene where drugs are offered. Make a class list of phrases used to try and get people involved. Then a list of decent refusals.		
				P12 questions on the drugs and the law.		
2	You and global issues- food and water	To research and discover problems	C-ship 2.1a,b 2.2a, b, c	P99 questions	P98-103	Geography
		caused by water shortages and famine in the world	4a, g,h	Famine- causes and what we can do to help.		Sciences
		today		Research work of charities such as Oxfam/ Band Aid		

				campaigns in past in dealing with issues of famine.		
				Water quiz.		
				Importance of water- group discussion p103		
2	You and the community- taking action in the local environment	To evaluate how to make a school more environmentally friendly.	C-ship 2.3 a, b, c,d 3e 4 a,b,c,d,e	Survey on school condition. Thinks we can do to help save energy and cut down on pollution. Invent a MADD day proposal as outlined in textbook. Feedback to class.	P90-93	Geography Science
1	You and your achievements- reviewing progress			Target setting from reports. Action plans	P104-105	