

PSHE/RSHE Scheme of Work for EYFS & Prep

Key: Relationships



Living in the Wider World



Health & Wellbeing



Kindergarten

<u>Autumn 1</u> Me & My Relationships	<u>Autumn 2</u> Valuing Difference	<u>Spring 1</u> Keeping Myself Safe	<u>Spring 2</u> Rights and Responsibilities	<u>Summer 1</u> Being My Best	<u>Summer 2</u> Growing and Changing
<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> • Marvellous me. • I'm special. • People who are special to me. 	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> • Me and my friends. • Friends and family. • Including everyone. 	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> • People who keep me safe. • Safety indoors and outdoors. • What's safe to go inside my body. 	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> • Looking after myself. • Looking after others. • Looking after the environment. 	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> • What does my body need? • I can keep trying. • I can do it! 	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> • Growth and change within nature. • When I was a baby. • Girls, boys and families.

Reception Class

<u>Autumn 1</u> Me & My Relationships	<u>Autumn 2</u> Valuing Difference	<u>Spring 1</u> Keeping Myself Safe	<u>Spring 2</u> Rights and Responsibilities	<u>Summer 1</u> Being My Best	<u>Summer 2</u> Growing and Changing
<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> • All about me. • What makes me special. • Who can help me. • My feelings. 	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> • Same and different. • Different families. • Different homes. • Kind and caring. 	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> • What's safe to onto my body. • Staying healthy, including medicines. • Listening to my feelings. • People who help to keep me safe. 	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> • Looking after my friends. • Being helpful at home. • Caring for our world. • Looking after money. 	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> • Bouncing back when things go wrong. • Healthy eating. • Moving your body. • Getting a good night's sleep. 	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> • Seasons. • Life changes – plants, animals and humans. • Where do babies come from? • Getting bigger. • My body – girls and boys.

Prep I

<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Me & My Relationships R1, R2, R3, R5, R15, R16, R17, R18, R19, R20, L4, L6, H22, H23	Valuing Difference H25, H28, H33, R5, R6, R7, R9, R10, R11, R12, R13, R21, R22, L1,	Keeping Myself Safe L2, L3, R8, R13, R21, R22, R24	Rights and Responsibilities L10, L11, L13	Being My Best H1, H2, H3, H4, H5, H7, H17	Growing and Changing H11, H12, H13, H14, H15, H16, H18, H19, H20, H24, H26
Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Why we have classroom rules. • Our feelings and thinking about these. • Feelings and Bodies • People who are special to us. • Good friends. • The importance of listening. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • How are we the same, similar or different. • What makes people special. • The importance of not being unkind, teasing or bullying. • Tolerance and inclusion. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Being healthy • The importance of sleep • Good touches/bad touches. • Sharing pictures 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Responsibilities around school. • Money and how to look after it. • Taking care of things. • Basic first aid. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Eating well. • Catch it. Bin it. Kill it! • Accepting praise and praising others. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Inside our bodies. • Then and now. • Surprises and secrets. • Keeping privates private.

Prep II

<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Me & My Relationships R1, R2, R3, R6, R7, R8, R21, R22, L1, L4	Valuing Difference R1, R2, R3, R21, R22, R23, L4, L6, L14, H21, H22	Keeping Myself Safe H33, H35, H36, R5, R14, R15, R16, R19	Rights and Responsibilities R5, L1, L3, L10, L11, L13	Being My Best H24	Growing and Changing H20, H43
Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Discussing feelings. • Types of bullying. • How to be a good friend. • The surroundings – the classroom. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • What makes us who we are. • How we make others feel. • Special people. • Acts of kindness. • How to solve a problem. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • What might make us feel unsafe. • What is fun and not. • When is right to tell someone. • Some secrets should not be kept. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Getting on with others. • Looking after the environment. • Feeling safe. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Trying hard and believing in yourself. • Being clean and healthy. • What your body needs. • What does your body do. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Moving away. • My body, your body. • Respecting privacy. • Basic first aid.

Prep III

<u>Autumn 1</u> Me & My Relationships L4, L8, L9, R1, R2, R6, R7, R8, R10, R11	<u>Autumn 2</u> Valuing Difference R1, R2, R6, R7, R8, R28, R31, R32, R33, R34, L4, L8, L9, L30	<u>Spring 1</u> Keeping Myself Safe R28, H38, H39, H41, H46, H47	<u>Spring 2</u> Rights and Responsibilities L5, L7, L18, L19, L25, L26 L29, H14, R29	<u>Summer 1</u> Being My Best H1, H2, H3, H4, H6, H25, H27, H28, H29, R8, R23, R34, L4, L25, L30	<u>Summer 2</u> Growing and Changing R10, R11, R16, R17, R18, R30, H30, H31, H32, H33, H34, H43, H44
Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Team work. • Looking after special people. • Pets. • Friends are special. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Family and friends. • Community. • Respect. • Friends and neighbours. • Celebrating differences. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Safe/Unsafe. • Danger or risk. • Alcohol and cigarettes. • Help or harm? 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Volunteering. • Helping others to stay safe. • Looking after the environment. • Earning money. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Healthy eating. • I am fantastic! • Talents. • For or against. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Relationships. • Bodies. • Secret or surprise. • My changing body. • Basic first aid.

Prep IV

<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Me & My Relationships R11, R16, R17, R18, R19, R20, R21, H17, H18, H19, H20	Valuing Difference R6, R7, R8, R10, R11, R32, R33, L4, L8, L9, L12	Keeping Myself Safe H10, H38, H39, H40, H41, R18, R19, R20, R21, R24, R31	Rights and Responsibilities R19, R20, R21, R30, R34, L1, L12, L18, L19, L20	Being My Best H17, H18, H19, H20, H31, H43, H44, L6, L7, R6, R7, R8, R9	Growing and Changing H17, H18, H19, H20, H23, H29, R7, R9, R22, R24, R25, R26, R27, R28
Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • What is okay and not okay. • Different feelings. • When feelings change. • Feeling under pressure. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Friends and acquaintances. • The people we share our world with. • Stereotypes. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Dangers, risks and hazards. • Medicines. • Staying safe. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • It's your right. • How we can make a difference. • The news. • Safety in numbers. • Expenses and taxes. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • What makes me me. • Making choices. • School community. • Basic first aid. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Moving house. • Different feelings. • Preparing for changes during puberty. • Secret or surprise?

Prep V

<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Me & My Relationships R1, R10, R11, R16, R17, R18, R19, R30, H42	Valuing Difference R1, R10, R11, R16, R17, R19, R20, R21, R31, R32, R33, L4	Keeping Myself Safe R15, R23, R24, R28, R30, H4, H38, H39, H41, H46	Rights and Responsibilities L1, L3, L12, L18, L19, L20, L21, L22, L24, H14, H35	Being My Best H14, H27, H29, H35, H43, H44, L6, L7, L28, L30	Growing and Changing H17, H18, H19, H20, H24, H26, H30, H31, H32, H33, H34, H36, H45, R2, R9, R19, R20, R21, R22, R25, R26, R27, L9
Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Give and take • Being a good friend. • Being assertive. • Emotional needs. • Communication. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Qualities of friendships. • Kind conversations. • Happy being me. • It could happen to anyone. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Habits. • Spotting bullying. • Decisions. • Drugs. • Smoking. • Risk. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Fact or opinion. • Rights, responsibilities and duties. • Spending wisely. • Local councils. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Different skills. • School community. • Independence. • Star qualities. • Basic first aid including sepsis awareness. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Feelings. • Changing bodies and feelings. • Growing up. • Stereotypes.

Prep VI

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Me & My Relationships R11, R13, R14, R16, R17, R18, R19, R20, R21, R22, R25, R27, R28, R29, L30, H45	Valuing Difference R2, R11, R19, R20, R21, R32, R33, L4, L8	Keeping Myself Safe R15, R22, R25, R26, R27, R28, R30, H40, H42, H46, H47, H48, H49, L15	Rights and Responsibilities L9, L12, L16, L29, L31, R12, R23, R24, R26	Being My Best H1, H2, H3, H4, H6, H7, H8, H15, H16, H38, H43, H44, R6, R22, R27, R28	Growing and Changing R7, R8, R9, R12, R23, R24, R25, R28, R29, L9, L12, H15, H18, H19, H20, H23, H30, H36, H31, H33
Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Working together. • Negotiating. • Solving problems in friendships. • Behaving and acting appropriately. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • It's okay to be different. • Things in common. • Respecting differences. • Tolerating and respecting others and respect. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Think before you click. • Traffic lights. • To share or not to share? • Drugs – law. • Alcohol. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Two sides to every story. • Fakebook friends. • Jobs and taxes. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Five steps to Wellbeing. • Risk. • Basic first aid, including sepsis awareness. 	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> • Managing change. • Media manipulation. • Online pressure. • Making babies.

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