

## PSHE/RSHE Scheme of Work for EYFS & Prep I – Prep VI

**Key:** Relationships



Living in the Wider World



Health & Wellbeing



Topics that are marked with \*\* indicates that they are covered in assemblies.

### Kindergarten

<b>Autumn 1</b> Me & My Relationships <b>Inclusivity</b>	<b>Autumn 2</b> Valuing Difference <b>Inclusivity</b>	<b>Spring 1</b> Keeping Safe <b>Integrity</b>	<b>Spring 2</b> Rights and Respect <b>Integrity</b>	<b>Summer 1</b> Being My Best <b>Inspiration &amp; Integrity</b>	<b>Summer 2</b> Growing and Changing <b>Intellect</b>
<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Marvellous me.**</li> <li>• I'm special.**</li> <li>• People who are special to me.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Me and my friends.</li> <li>• Friends and family.</li> <li>• Including everyone.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• People who keep me safe.</li> <li>• Safety indoors and outdoors.</li> <li>• What's safe to go inside my body.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Looking after myself.</li> <li>• Looking after others.</li> <li>• Looking after the environment.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• What does my body need?</li> <li>• I can keep trying.**</li> <li>• I can do it!**</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Growth and change within nature.</li> <li>• When I was a baby.</li> <li>• Girls, boys and families.</li> </ul>

## Reception Class

<b><u>Autumn 1</u></b> Me & My Relationships <b>Inclusivity</b>	<b><u>Autumn 2</u></b> Valuing Difference <b>Inclusivity</b>	<b><u>Spring 1</u></b> Keeping Safe <b>Integrity</b>	<b><u>Spring 2</u></b> Rights and Respect <b>Integrity &amp; Intellect</b>	<b><u>Summer 1</u></b> Being My Best <b>Integrity &amp; Inspiration</b>	<b><u>Summer 2</u></b> Growing and Changing <b>Intellect</b>
<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• All about me.</li> <li>• What makes me special.**</li> <li>• Who can help me.</li> <li>• My feelings.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Same and different.</li> <li>• Different families.</li> <li>• Different homes.</li> <li>• Kind and caring.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• What's safe to put into my body.</li> <li>• Staying healthy, including medicines.</li> <li>• Listening to my feelings.</li> <li>• People who help to keep me safe.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Looking after my friends.</li> <li>• Being helpful at home.</li> <li>• Caring for our world.</li> <li>• Looking after money.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Bouncing back when things go wrong.</li> <li>• Healthy eating.</li> <li>• Moving your body.</li> <li>• Getting a good night's sleep.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Seasons.</li> <li>• Life changes – plants, animals and humans.</li> <li>• Getting bigger.</li> <li>• My body – girls and boys.</li> </ul>

## Prep I

<b>Autumn 1</b> Me & My Relationships <b>Integrity &amp; Inclusivity</b> R1, R2, R3, R5, R15, R16, R17, R18, R19, R20, L4, L6, H22, H23	<b>Autumn 2</b> Valuing Difference <b>Inclusivity</b> H25, H28, H33, R5, R6, R7, R9, R10, R11, R12, R13, R21, R22, L1,	<b>Spring 1</b> Keeping Safe <b>Integrity</b> L2, L3, L7, L8, L9, R8, R13, R14, R21, R22, R24, H34	<b>Spring 2</b> Rights and Respect <b>Integrity &amp; Intellect</b> L3, L10, L11, L13	<b>Summer 1</b> Being My Best <b>Integrity</b> H1, H2, H3, H4, H5, H7, H17	<b>Summer 2</b> Growing and Changing <b>Intellect</b> H11, H12, H13, H14, H15, H16, H18, H19, H20, H24, H26, R5, R15, R18, R19, R20
<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Why we have classroom rules.**</li> <li>• Our feelings and thinking about these.</li> <li>• Feelings and Bodies</li> <li>• People who are special to us.</li> <li>• Good friends.**</li> <li>• The importance of listening.**</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• How are we the same, similar or different.**</li> <li>• What makes people special.</li> <li>• The importance of not being unkind, teasing or bullying.**</li> <li>• Tolerance and inclusion.**</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Being healthy</li> <li>• The importance of sleep</li> <li>• Good touches/bad touches.**</li> <li>• Sharing pictures.**</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Responsibilities around school.**</li> <li>• Money and how to look after it.</li> <li>• Taking care of things.**</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Eating well.</li> <li>• Catch it. Bin it. Kill it!</li> <li>• Accepting praise and praising others.**</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Inside our bodies.</li> <li>• Then and now.</li> <li>• Surprises and secrets.**</li> <li>• Keeping privates private.**</li> </ul>

## Prep II

<b><u>Autumn 1</u></b> Me & My Relationships <b>Integrity &amp; Inclusivity</b> R1, R2, R3, R6, R7, R8, R12, R21, R22, L1, L4	<b><u>Autumn 2</u></b> Valuing Difference <b>Inclusivity &amp; Integrity</b> R1, R2, R3, R21, R22, R23, L4, L6, L14, H21, H22	<b><u>Spring 1</u></b> Keeping Safe <b>Integrity</b> H29, H30, H32, H33, H35, H36, R5, R14, R15, R16, R19	<b><u>Spring 2</u></b> Rights and Respect <b>Integrity</b> R5, R13, R14, L1, L3, L10, L11, L13, H33,, H35, H36,	<b><u>Summer 1</u></b> Being My Best <b>Integrity &amp; Inspiration</b> H24	<b><u>Summer 2</u></b> Growing and Changing <b>Integrity</b> H20, H43
<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Discussing feelings.**</li> <li>• Types of bullying.**</li> <li>• How to be a good friend.**</li> <li>• Don't do that!</li> <li>• Our ideal classroom.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• What makes us who we are.**</li> <li>• How we make others feel.**</li> <li>• Special people.**</li> <li>• Acts of kindness.**</li> <li>• How to solve a problem.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• How safe would you feel?.**</li> <li>• What is fun and not.</li> <li>• Should I tell?.**</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Getting on with others.**</li> <li>• Looking after the environment.</li> <li>• Feeling safe.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Trying hard and believing in yourself.**</li> <li>• Being clean and healthy.</li> <li>• What your body needs.</li> <li>• What does your body do.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Moving away.</li> <li>• My body, your body.</li> <li>• Respecting privacy.</li> </ul>

## Prep III

<b><u>Autumn 1</u></b> Me & My Relationships <b>Inclusivity &amp; Integrity</b> L1, L4, L8, L9, R1, R2, R6, R7, R8, R10, R11, H37	<b><u>Autumn 2</u></b> Valuing Difference <b>Inclusivity</b> R1, R2, R6, R7, R8, R20, R21, R28, R30, R31, R32, R33, R34, L4, L6, L7, L8, L9, L30, H25, H27,	<b><u>Spring 1</u></b> Keeping Safe <b>Integrity</b> R28, H38, H39, H41, H46, H47	<b><u>Spring 2</u></b> Rights and Respect <b>Integrity</b> L5, L7, L12, L18, L19, L25, L26 L29, H14, R29	<b><u>Summer 1</u></b> Being My Best <b>Integrity &amp; Inspiration</b> H1, H2, H3, H4, H6, H25, H27, H28, H29, R8, R23, R34, L4, L25, L30	<b><u>Summer 2</u></b> Growing and Changing <b>Integrity</b> R10, R11, R16, R17, R18, R30, H30, H31, H32, H33, H34, H43, H44
Within this topic, the children will learn about the following: <ul style="list-style-type: none"> <li>• Team work.**</li> <li>• Rules.</li> <li>• Looking after special people.**</li> <li>• Pets.</li> <li>• Friends are special.**</li> </ul>	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> <li>• Family and friends.**</li> <li>• Community.**</li> <li>• Respect.**</li> <li>• Friends and neighbours.</li> <li>• Celebrating differences.**</li> </ul>	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> <li>• Safe/Unsafe.**</li> <li>• Danger or risk.**</li> <li>• Alcohol and cigarettes.</li> <li>• Help or harm?</li> </ul>	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> <li>• Volunteering.**</li> <li>• Helping others to stay safe.**</li> <li>• Looking after the environment.</li> <li>• Fact and opinion.</li> <li>• Earning money.</li> </ul>	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> <li>• Healthy eating.</li> <li>• I am fantastic!**</li> <li>• Talents.**</li> <li>• For or against.</li> </ul>	Within this topic, the children will learn about the following: <ul style="list-style-type: none"> <li>• Relationships.**</li> <li>• Bodies.</li> <li>• Secret or surprise.</li> <li>• My changing body.</li> </ul>

## Prep IV

<b><u>Autumn 1</u></b> Me & My Relationships <b>Integrity</b> R11, R16, R17, R18, R19, R20, R21, H17, H18, H19, H20	<b><u>Autumn 2</u></b> Valuing Difference <b>Inclusivity</b> R6, R7, R8, R10, R11, R32, R33, L4, L8, L9, L12	<b><u>Spring 1</u></b> Keeping Safe <b>Integrity &amp; Intellect</b> H10, H38, H39, H40, H41, H42, R12, R18, R19, R20, R21, R23, R24, R31, L15, L16	<b><u>Spring 2</u></b> Rights and Respect <b>Integrity</b> R19, R20, R21, R30, R34, L1, L12, L18, L19, L20	<b><u>Summer 1</u></b> Being My Best <b>Inclusivity, Integrity &amp; Inspiration</b> H17, H18, H19, H20, H31, H43, H44, L6, L7, R6, R7, R8, R9	<b><u>Summer 2</u></b> Growing and Changing <b>Integrity</b> H17, H18, H19, H20, H23, H29, R7, R9, R22, R24, R25, R26, R27, R28
<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• What is okay and not okay.**</li> <li>• Different feelings.**</li> <li>• When feelings change.**</li> <li>• Feeling under pressure.**</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Friends and acquaintances.**</li> <li>• The people we share our world with.**</li> <li>• Stereotypes.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Dangers, risks and hazards.**</li> <li>• Medicines.</li> <li>• Picture wise.</li> <li>• Staying safe.**</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• It's your right.</li> <li>• How we can make a difference.**</li> <li>• The news.</li> <li>• Safety in numbers.</li> <li>• Expenses and taxes.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• What makes me me.</li> <li>• Making choices.**</li> <li>• School community.**</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Moving house.</li> <li>• Different feelings.**</li> <li>• Secret or surprise? **</li> </ul>

## Prep V

<b>Autumn 1</b> Me & My Relationships <b>Integrity &amp; Inclusivity</b> R1, R10, R11, R16, R17, R18, R19, R30, H42	<b>Autumn 2</b> Valuing Difference <b>Integrity &amp; Inclusivity</b> R1, R10, R11, R16, R17, R19, R20, R21, R31, R32, R33, L4	<b>Spring 1</b> Keeping Safe <b>Integrity</b> R15, R23, R24, R28, R30, H4, H38, H39, H41, H46	<b>Spring 2</b> Rights and Respect <b>Inclusivity &amp; Intellect</b> L1, L3, L12, L18, L19, L20, L21, L22, L24, H14, H35	<b>Summer 1</b> Being My Best <b>Inclusivity &amp; Integrity</b> H14, H27, H29, H35, H43, H44, L6, L7, L28, L30	<b>Summer 2</b> Growing and Changing <b>Integrity &amp; Inclusivity</b> H17, H18, H19, H20, H24, H26, H30, H31, H32, H33, H34, H36, H45, R2, R9, R19, R20, R21, R22, R25, R26, R27, L9
<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Give and take.**</li> <li>• Being a good friend.**</li> <li>• Being assertive.</li> <li>• Emotional needs.**</li> <li>• Communication.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Qualities of friendships.**</li> <li>• Kind conversations.**</li> <li>• Happy being me.</li> <li>• It could happen to anyone.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Habits.</li> <li>• Spotting bullying.**</li> <li>• Decisions.**</li> <li>• Drugs.</li> <li>• Smoking.</li> <li>• Risk.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Fact or opinion.</li> <li>• Rights, respect and duties.**</li> <li>• Spending wisely.</li> <li>• Local councils.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Different skills.**</li> <li>• School community.**</li> <li>• Independence.**</li> <li>• Star qualities.**</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>• Feelings.**</li> <li>• Stereotypes.</li> <li>• Changing bodies and feelings.**</li> <li>• Growing up.**</li> </ul> <p>(The last two topics are delivered by specially trained educators from Coram Life Education)</p>

## Prep VI

<b>Autumn 1</b> Me & My Relationships <b>Integrity &amp; Inclusivity</b> R11, R13, R14, R16, R17, R18, R19, R20, R21, R22, R25, R27, R28, R29, L30, R31, L4, H45	<b>Autumn 2</b> Valuing Difference <b>Integrity &amp; Inclusivity</b> R2, R11, R19, R20, R21, R32, R33, L4, L8	<b>Spring 1</b> Keeping Safe <b>Integrity &amp; Intellect</b> R15, R22, R25, R26, R27, R28, R30, H40, H42, H46, H47, H48, H49, L15	<b>Spring 2</b> Rights and Respect <b>Intellect &amp; Integrity</b> L1, L5, L9, L12, L16, L29, L31, R12, R23, R24, R26	<b>Summer 1</b> Being My Best <b>Integrity</b> H1, H2, H3, H4, H6, H7, H8, H15, H16, H38, H43, H44, R6, R22, R27, R28	<b>Summer 2</b> Growing and Changing <b>Integrity</b> R7, R8, R9, R12, R23, R24, R25, R28, R29, L9, L12, H15, H18, H19, H20, H23, H30, H31, H33, H36, H45
<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>Working together.</li> <li>Negotiating.**</li> <li>Solving problems in friendships.**</li> <li>Behaving and acting appropriately.**</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>It's okay to be different.**</li> <li>Things in common.</li> <li>Respecting differences.**</li> <li>Tolerating and respecting others and respect.**</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>Think before you click.**</li> <li>Traffic lights.</li> <li>To share or not to share?</li> <li>Drugs – law.</li> <li>Alcohol.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>Two sides to every story.**</li> <li>Fakebook friends.</li> <li>Caring for the environment.</li> <li>Jobs and taxes.</li> <li>Democracy – elections.**</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>Five steps to Wellbeing.**</li> <li>Risk.</li> </ul>	<p>Within this topic, the children will learn about the following:</p> <ul style="list-style-type: none"> <li>Managing change.**</li> <li>Media manipulation.</li> <li>Online pressure.</li> <li>Is this normal?</li> <li>Making babies.</li> </ul> <p>(The last two topics are delivered by specially trained educators from Coram Life Education, parents have the right to withdraw.)</p>

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