

PSHE/RSHE Scheme of Work for EYFS & Prep I – Prep VI

Key: Relationships



Living in the Wider World



Health & Wellbeing



Topics that are marked with ** indicates that they are covered in assemblies.

Kindergarten

<u>Autumn 1</u> Me & My Relationships Inclusivity	<u>Autumn 2</u> Valuing Difference Inclusivity	<u>Spring 1</u> Keeping Safe Integrity	<u>Spring 2</u> Rights and Respect Integrity	<u>Summer 1</u> Being My Best Inspiration & Integrity	<u>Summer 2</u> Growing and Changing Intellect
Within this topic, the children will learn about the following: • Marvellous me.** • I'm special.** • People who are special to me.	Within this topic, the children will learn about the following: • Me and my friends. • Friends and family. • Including everyone.	Within this topic, the children will learn about the following: • People who keep me safe. • Safety indoors and outdoors. • What's safe to go inside my body.	Within this topic, the children will learn about the following: • Looking after myself. • Looking after others. • Looking after the environment.	Within this topic, the children will learn about the following: • What does my body need? • I can keep trying.** • I can do it!**	Within this topic, the children will learn about the following: • Growth and change within nature. • When I was a baby. • Girls, boys and families.

Reception Class

<u>Autumn 1</u> Me & My Relationships Inclusivity	<u>Autumn 2</u> Valuing Difference Inclusivity	<u>Spring 1</u> Keeping Safe Integrity	<u>Spring 2</u> Rights and Respect Integrity & Intellect	<u>Summer 1</u> Being My Best Integrity & Inspiration	<u>Summer 2</u> Growing and Changing Intellect
Within this topic, the children will learn about the following: • All about me. • What makes me special.** • Who can help me. • My feelings.	Within this topic, the children will learn about the following: • Same and different. • Different families. • Different homes. • I am caring, I am a friend.	Within this topic, the children will learn about the following: • What's safe to put into my body, inc. medicines. • Staying healthy. • Safe indoors and outdoors. • Listening to my feelings. • People who help to keep me safe.	Within this topic, the children will learn about the following: • Looking after my friends. • Being helpful at home and caring for our classroom. • Caring for our world. • Looking after money.	Within this topic, the children will learn about the following: • Bouncing back when things go wrong. • Yes I can! • Healthy eating. • Moving your body. • My healthy mind.	Within this topic, the children will learn about the following: • Seasons. • Life changes – plants, animals and humans. • Getting bigger.

Prep I

<u>Autumn 1</u> Me & My Relationships Integrity & Inclusivity	<u>Autumn 2</u> Valuing Difference Inclusivity	<u>Spring 1</u> Keeping Safe Integrity	<u>Spring 2</u> Rights and Respect Integrity & Intellect	<u>Summer 1</u> Being My Best Integrity	<u>Summer 2</u> Growing and Changing Intellect
Within this topic, the children will learn about the following: • Why we have classroom rules.** • Are you listening? • Feelings and Bodies • People who are special to us. • Good friends.** • The importance of listening.**	Within this topic, the children will learn about the following: • How are we the same, similar or different.** • What makes people special. • The importance of not being unkind, teasing or bullying.** • Tolerance and inclusion.**	Within this topic, the children will learn about the following: • Being healthy • The importance of sleep • Good touches/bad touches.** • Sharing pictures.**	Within this topic, the children will learn about the following: • Responsibilities around school.** • Money and how to look after it. • Taking care of things.**	Within this topic, the children will learn about the following: • Eating well. • Catch it. Bin it. Kill it! • Accepting praise and praising others.**	Within this topic, the children will learn about the following: • Inside our bodies. • Then and now. • Surprises and secrets.** • Keeping privates private.**

Prep II

<u>Autumn 1</u> Me & My Relationships Integrity & Inclusivity	<u>Autumn 2</u> Valuing Difference Inclusivity & Integrity	<u>Spring 1</u> Keeping Safe Integrity	<u>Spring 2</u> Rights and Respect Integrity	<u>Summer 1</u> Being My Best Integrity & Inspiration	<u>Summer 2</u> Growing and Changing Integrity
Within this topic, the children will learn about the following: • Discussing feelings.** • Types of bullying.** • How to be a good friend.** • Don't do that! • Our ideal classroom.	Within this topic, the children will learn about the following: • What makes us who we are.** • How we make others feel.** • Special people.** • Acts of kindness.** • How to solve a problem.	Within this topic, the children will learn about the following: • How safe would you feel?.** • What is fun and not. • Should I tell?.**	Within this topic, the children will learn about the following: • Getting on with others.** • Looking after the environment. • Feeling safe.	Within this topic, the children will learn about the following: • Trying hard and believing in yourself.** • Being clean and healthy. • What your body needs. • What does your body do.	Within this topic, the children will learn about the following: • Moving away. • My body, your body. • Respecting privacy.

Prep III

<u>Autumn 1</u> Me & My Relationships Inclusivity & Integrity	<u>Autumn 2</u> Valuing Difference Inclusivity	<u>Spring 1</u> Keeping Safe Integrity	<u>Spring 2</u> Rights and Respect Integrity	<u>Summer 1</u> Being My Best Integrity & Inspiration	<u>Summer 2</u> Growing and Changing Integrity
Within this topic, the children will learn about the following: • Team work.** • Rules. • Looking after special people.** • Pets. • Friends are special.**	Within this topic, the children will learn about the following: • Family and friends.** • Community.** • Respect.** • Friends and neighbours. • Celebrating differences.**	Within this topic, the children will learn about the following: • Safe/Unsafe.** • Danger or risk.** • Alcohol and cigarettes. • Help or harm?	Within this topic, the children will learn about the following: • Volunteering.** • Helping others to stay safe.** • Looking after the environment. • Fact and opinion. • Earning money.	Within this topic, the children will learn about the following: • Healthy eating. • I am fantastic!** • Talents.** • For or against.	Within this topic, the children will learn about the following: • Relationships.** • Bodies. • Secret or surprise. • My changing body.

Prep IV

<u>Autumn 1</u> Me & My Relationships Integrity	<u>Autumn 2</u> Valuing Difference Inclusivity	<u>Spring 1</u> Keeping Safe Integrity & Intellect	<u>Spring 2</u> Rights and Respect Integrity	<u>Summer 1</u> Being My Best Inclusivity, Integrity & Inspiration	<u>Summer 2</u> Growing and Changing Integrity
Within this topic, the children will learn about the following: • What is okay and not okay.** • Different feelings.** • When feelings change.** • Feeling under pressure.**	Within this topic, the children will learn about the following: • Friends and acquaintances.** • The people we share our world with.** • Stereotypes.	Within this topic, the children will learn about the following: • Dangers, risks and hazards.** • Medicines. • Picture wise. • Staying safe.**	Within this topic, the children will learn about the following: • It's your right. • How we can make a difference.** • The news. • Safety in numbers. • Expenses and taxes.	Within this topic, the children will learn about the following: • What makes me me. • Making choices.** • School community.**	Within this topic, the children will learn about the following: • Moving house. • Different feelings.** • Secret or surprise? **

Prep V

<u>Autumn 1</u> Me & My Relationships Integrity & Inclusivity	<u>Autumn 2</u> Valuing Difference Integrity & Inclusivity	<u>Spring 1</u> Keeping Safe Integrity	<u>Spring 2</u> Rights and Respect Inclusivity & Intellect	<u>Summer 1</u> Being My Best Inclusivity & Integrity	<u>Summer 2</u> Growing and Changing Integrity & Inclusivity
Within this topic, the children will learn about the following: • Give and take.** • Being a good friend.** • Being assertive. • Emotional needs.** • Communication.	Within this topic, the children will learn about the following: • Qualities of friendships.** • Kind conversations.** • Happy being me. • It could happen to anyone.	Within this topic, the children will learn about the following: • Habits. • Spotting bullying.** • Decisions.** • Drugs. • Smoking. • Risk.	Within this topic, the children will learn about the following: • Fact or opinion. • Rights, respect and duties.** • Spending wisely. • Local councils.	Within this topic, the children will learn about the following: • Different skills.** • School community.** • Independence.** • Star qualities.**	Within this topic, the children will learn about the following: • Feelings.** • Stereotypes. • Changing bodies and feelings.** • Growing up.** (The last two topics are delivered by specially trained educators from Coram Life Education)

Prep VI

<u>Autumn 1</u> Me & My Relationships Integrity & Inclusivity	<u>Autumn 2</u> Valuing Difference Integrity & Inclusivity	<u>Spring 1</u> Keeping Safe Integrity & Intellect	<u>Spring 2</u> Rights and Respect Intellect & Integrity	<u>Summer 1</u> Being My Best Integrity	<u>Summer 2</u> Growing and Changing Integrity
Within this topic, the children will learn about the following: • Working together. • Negotiating.** • Solving problems in friendships.** • Behaving and acting appropriately.**	Within this topic, the children will learn about the following: • It's okay to be different.** • Things in common. • Respecting differences.** • Tolerating and respecting others and respect.**	Within this topic, the children will learn about the following: • Think before you click.** • Traffic lights. • To share or not to share? • Drugs – law. • Alcohol.	Within this topic, the children will learn about the following: • Two sides to every story.** • Fakebook friends. • Caring for the environment. • Jobs and taxes. • Democracy – elections.**	Within this topic, the children will learn about the following: • Five steps to Wellbeing.** • Risk.	Within this topic, the children will learn about the following: • Managing change.** • Media manipulation. • Online pressure. • Is this normal? • Making babies. (The last two topics are delivered by specially trained educators from Coram Life Education, parents have the right to withdraw.)

Written: September 2021

Last reviewed: September 2026

To be reviewed: September 2027